

OFFICE ERGONOMICS



Dedicated DSE course for Office and Clinical workers

Complete with Risk Assessment and a host of admin tools for deploying and tracking all your training.

Each account is issued with a free to use LMS.

SPECIAL LOW RATES FOR NHS CLIENTS



Display Screen Equipment

Interactive training course



Display Screen Equipment Assessment (or Workstation Assessment) is an important health and safety process for any office-based/hospital environment. With the increase in work space related injuries, it is now essential that all staff know how vital it is that they have a work area that is laid out in the most efficient way possible to reduce the risk of injury and fatigue.

The course introduces all the aspects of the hospital/office environment that should be examined during a DSE assessment.

Course Modules

Introduction

- Common injuries
- Eyesight testing
- Exercise
- Doing a risk assessment

Organising the workspace

- VDU, keyboard, desk, chair, mouse
- Sitting comfortably
- Lighting
- The working environment

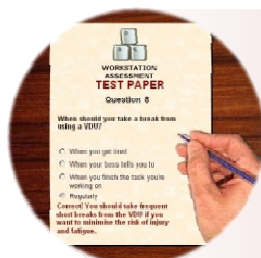
Laptop users and home-workers

- Finding a good work space
- Finding a good posture
- Poor work environments

Special chapter for Clinical workers

Risk Assessment Questionnaire

This course is accompanied by a risk assessment questionnaire, which the trainee completes in relation to their own workspace. Questions can be tailored to your company's needs. The assessment is recorded for later analysis so any issues raised can be addressed.



All our courses include a multiple-choice assessment module. Each question provides immediate feedback, with an overall pass/fail awarded at the end. All test scores are recorded to provide proof of training.

Further details

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